



## Walk to Emmaus Guidelines for Sponsors

### OVERVIEW SPONSORING PILGRIMS (Please read the complete list before beginning)

1.  I have Committed the whole process of sponsorship to prayer.
  - a.  Pray for God to reveal to you who is ready to attend the Walk to Emmaus.
  - b.  Pray for the person to be open to God's call to discipleship. Share the Joy you experienced on your walk without giving details of specific events.
2.  Introduce the Walk to Emmaus by showing the Frequently Asked Questions for Pilgrims page on our website. <https://heartlandemmaus.org/faq>
3.  Watch the Video on the FAQ page with your Pilgrim and their spouse or significant other.
4.  Ask them what they think about the Walk and answer every question.
5.  Review the following list of "Things to take on the Walk":
  - a. Pillow, sheet, and blanket for lower bunk bed.
  - b. Soap, towel and wash cloth
  - c. Small flashlight
  - d. Small over the shoulder purse or pouch
  - e. Sweater or light jacket
  - f. Comfortable shoes
  - g. Casual clothing
  - h. Personal hygiene items
  - i. CPAP machine and 15 foot extension cord
6.  Review following list of "Things to NOT take on the Walk":
  - a. Phone
  - b. Pager
  - c. Watch
  - d. Radio
  - e. Camera
  - f. Any device that will cause a distraction or allow one to communicate off campus.
7.  Help them complete their part of the Pilgrim Application and answer any questions. Complete the Sponsor's part of the application and then both of you sign the Application. Collect payment for the Pilgrim. Take the Application to one of the Pilgrim's Church Pastors for them to complete and sign.
8.  Complete the Liability Form and answer any questions they may have. Be sure to include a complete list of required medications with the Frequency and Time each prescription must be taken listed next to each medication. We will keep track of and remind the Pilgrim to take their medications.
9.  You may bring the application to the next Gathering, or you may mail the Application to the Address on the form. The Pilgrim's spot is reserved when Payment for the Registration Fee is made. Photo Copy the Application before mailing. Keep a copy until registration confirmation is received.
10.  You will be notified when your Pilgrim's Application has been received. Email Registrar@HOTEC.org if you have questions.
11.  Next go to the Prayer Vigil and sign up to pray for your Pilgrim during the 72-hour prayer vigil. <https://heartlandemmaus.org/prayervigil>.



12.  Next, contact the spouse or significant other and ask for a list of Names, Phone numbers and email addresses for family, friends, or anyone who knows and loves your Pilgrim.
13.  Ask the spouse or significant other for a list of snacks your Pilgrim likes. Bring one bag of snacks when you drop off your Pilgrim.
14.  The day of the Walk to Emmaus:
  - a.  Arrange for a Sendoff Blessing by one of the Pilgrim's church pastors. Find out if there are other Pilgrims attending the walk from the same church. Registrar@HOTEC.org
  - b.  You are the Pilgrims Servant for the entire Walk.
    - i.  Carry their luggage.
    - ii.  Take your Pilgrim to the Walk location and feed them supper along the way.
15.  Arrive at the Walk location on Thursday between 6PM and 6:30PM.
  - a.  Take your Pilgrim to Registration.
  - b.  Take your Pilgrim to their Cabin and make their bed before returning them to the Registration Area.
16.  Once the Pilgrims are called by Name, all Sponsors will walk up the hill to the Chapel for a Sponsors Hour. Please have \$5 in cash or check for each Pilgrim's Worship Booklet.
17.  While your Pilgrim is away, support the Pilgrim's family by checking to see if help is needed. Offer to house sit, water plants, pick up the mail, feed pets, be as helpful as possible.
18.  Encourage the Pilgrim in Fourth day involvement. Give your Pilgrim an opportunity to talk through and discuss the experience. Help them find a Reunion Group. Or, be prepared to help start a group with them for a period of time until they find others to be in the group. Take them to Gatherings as your guest for a couple of months.
19.  Help the Pilgrim reenter their Church and consider ways to act out new commitment and enthusiasm.
20.  Inform the Pilgrim of how they can serve the Emmaus community and work future walks.
21.  Help the Pilgrim sponsor others. It's recommended that the Pilgrim wait at least six months before sponsoring someone.

**Sponsorship is an act of love for God, for the Pilgrims, for the Emmaus Community, and for the church. It is a demonstration of Agape love. It is making oneself an instrument of Preventive Grace. It is also recommended by the Heartland of Texas Emmaus Community Registrar that a Sponsor should sponsor no more than two Pilgrims on a single Walk.**



## Final Checklist:

### As a sponsor, I understand and have done the following for my Pilgrim:

- I am sponsoring: Someone who is fully committed to living a life that is pleasing to God.
- I am sponsoring: Someone who is seeking their Servant role in the church, a Servant in their Church, or a Church leader.

### I have committed to being the best Sponsor I can by checking all the boxes:

- Sponsor and be a Servant to this Pilgrim.
- Join the Prayer Vigil to pray for my Pilgrim during the Walk. See <https://hotec.org/PrayingPrayerVigil>
- Retrieve at least 10 agape letters from family and friends. There is no limit to the number of letters.
- Ask the Pilgrim's spouse or significant other for a list of favorite snacks my Pilgrim likes. Bring snacks my Pilgrim likes to check-in on Thursday.
- Transport this Pilgrim to and from the retreat site.
- Help them get settled in their room.
- I will attend sponsors hour Thursday evening after my pilgrim's Walk begins.
- I will attend Candlelight service Saturday evening at 7:30pm.
- I will attend Closing services Sunday afternoon at 3:00pm.
- I will help my Pilgrim find or start a reunion group.
- I will take my Pilgrim to their first 4th Day Emmaus Community Gathering.
- I will check on my Pilgrim as needed to see how they are doing.
- I will help my Pilgrim sponsor a Pilgrim when they are ready.